

**Amendments to the Claims:**

This listing of claims will replace all prior versions and listings of claims in the application.

**LISTING OF CLAIMS**

Claims 1-20 (canceled).

21. (New) A golf swing training device comprising:

a grip including a grip bore;

a shaft including a shaft bore;

a tension cord received within the grip bore and the shaft bore;

a first securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore;

a second securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore, wherein the second securing device creates tension on the tension cord by restricting movement of the training device, and wherein the second securing device comprises a clasp.

22. (New) The training device according to claim 21, wherein the clasp is attachable to a free-standing pole.

23. (New) The training device according to claim 21, wherein the clasp is attachable to a wall.

24. (New) A golf swing training device comprising:

a grip including a grip bore;

a shaft including a shaft bore;

a tension cord received within the grip bore and the shaft bore;

a first securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore;

a second securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore, wherein the second securing device creates tension on the tension cord by restricting movement of the training device, and wherein the second securing device comprises a ball that is larger in diameter than an opening that is created when a door is in an open position.

25. (New) The training device according to claim 24, wherein the ball is manufactured from wood.

26. (New) A golf swing training device comprising:

a grip including a grip bore;

a tension cord received within the grip bore;

a first securing device configured to prevent the tension cord from slipping out of the grip bore;

a second securing device configured to prevent the tension cord from slipping out of the grip bore, wherein the second securing device creates tension on the tension cord by restricting movement of the training device, and wherein the second securing device comprises a ball manufactured from wood that is larger in diameter than an opening that is created when a door is in an open position.

27. (New) A golf swing training device comprising:

a grip including a grip bore;

a shaft including a shaft bore;

a tension cord received within the grip bore and the shaft bore;

a first securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore;

a second securing device configured to prevent the tension cord from slipping out of the grip bore and the shaft bore, wherein the second securing device creates tension on the tension cord by restricting movement of the training device and is configured to be received within an opening formed in an open door, and wherein the second securing device comprises a ball that is larger in diameter than the opening.

28. (New) The training device according to claim 27, wherein the ball is manufactured from wood.